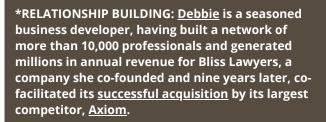


## Here are our most popular coaching topics for 1:1 sessions & workshops



## **RELATIONSHIP BUILDING\***

- Making Your Ask a Give
- Growing a Community or Network
- Strategic Networking
- Pitching Clients





## **COMMUNICATION\*\***

- Building Teams
- Presenting to Leaders
- Running Effective Meetings
- Being a Skillful Contributor in Meetings
- Navigating 1:1 Meetings
- Managing Difficult Conversations/Personalities
- Minimizing Extraneous Words when Talking
- Managing Anxiety when Speaking Up
- Setting Boundaries & Realistic Expectations
- Engaging in Person & by Video
- Communicating when You're Shy or Introverted
- Communicating in Your Non-Native Language
- Communicating with Confidence
- Giving & Getting Honest Feedback
- Developing Leaders & Executive Presence
- Claiming Your Value while Being a Team Player

\*\*COMMUNICATION: <u>Debbie</u> has given nearly 1,000 talks over the last 25 years and she shares her wisdom as a communication coach, inspiring leaders to communicate with confidence. Here's an article she authored in Fast Company on the topic, <u>10 Smart Tips to Help Beat Your Fear of Public Speaking</u>.



## **SPONSORSHIP\*\*\***

- Developing a Sponsor's Interest
- Being an Effective Protégé
- Being an Effective Sponsor
- Getting the Most out of Sponsorship

\*\*\*SPONSORSHIP: For more than a decade, <u>Debbie</u> has developed sponsorship initiatives, given talks on sponsorship, and written sponsorship guides and checklists.